

## **Abstract**

### **Title:**

Analysis of the basal stimulation concept utilisation in JIP and ARO nursing care

### **Main Goal:**

The aim of the thesis is to look closer at nurses' awareness of the basal stimulation concept and to analyse its utilisation in JIP (Intensive Care Unit) and ARO (Department of Anesthesiology and Resuscitation) nursing care using a questionnaire survey.

### **Method Used:**

In order to collect relevant data, this diploma thesis uses quantitative analysis techniques. The data was collected through a questionnaire survey. The respondents were the nurses working in the JIP and ARO departments of the Hradec Králové Teaching Hospital. The 87 completed questionnaires are divided into two groups according to the nurses' working experience in their departments. The first group includes the nurses with up to five-year working experience, the other one includes the nurses who have been working in their departments for more than six years. There were ten question items listed in the questionnaire altogether, with six closed-ended questions, two open-ended questions, one semi-open question and one polytomous question. The first four questions were designed to obtain general information, such as the age of respondents, their working experience length, qualifications and department allocation. The other six questions dealt with their awareness of the basal stimulation concept and its utilisation in nursing care.

### **Results:**

Questionnaire items concerning nurses' awareness of the basal stimulation concept and of its utilisation are shown in charts and compared with available literature resources and other studies. The results confirmed that nurses with working experience of six years and more are better informed about the concept. Further, the most widely used part of the concept is somatic stimulation.